

LAUNCHING 2025

ACCOUNTABILITY ANONYMOUS: THE 12-STEP MENTORSHIP PROGRAM

LAUREN SYLVESTER

01

At the center of this movement is a 12-step process designed to strip the lies, silence the excuses, and walk you straight into your truth. This isn't surface work. This is real, layered, sometimes uncomfortable transformation built on honest reflection, cultural context, and active self-correction. It's about moving from emotional fog to intentional living with structure, strategy, and support that doesn't let you run from yourself..



02

This mentorship is for women who are ready to be interrupted. Not just inspired. Not just talked to nice. But to interrupt the days when their habits are louder than their goals. We're not here to help you feel better about where you are. We're here to walk with you as you do the real work to change it. Through weekly check-ins, guided self-inquiry, and hard truths in community, you'll start making decisions that reflect who you're becoming, not who you've been stuck being.

